## 32 STEPS TO EATING

6. Assists in preparation/set

container to stir or pour

food/drink for others

8. Uses utensils or container

to serve self onto own

9. Uses utensils/napkin/tool

interact with the food

10. Uses another food to

to manipulate food in own

up with food

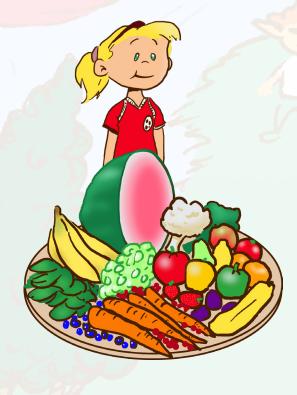
plate/space

space

7. Uses utensils or a

# INTERACTS WITH





- 1. Being in the same room
- 2. Being at the table with the food on the other side of the table
- 3. Being at the table with the food 1/2 way across the table
- 4. Being at the table with the food just outside of child's space
- 5. Looks at food when directly in child's space





- 1. Odour in room
- 12. Odour at table
- 13. Odour in child's forward space
- 14. Leans down or picks up to smell

#### TOUCH



- 15. One finger tip
- 16. Fingertips, fingerpads
- 17. Whole hand
- 18. Arm, trunk/chest
- 19. Shoulder, neck
- 20. Top of head
- 21. Chin, cheek
- 22. Nose, underneath nose
- 23. Lips
- 24. Teeth
- 25. Tip of tongue, top of tongue

### TASTE



- 26. Licks lips or teeth, tongue tip taste
- 27. Full tongue lick
- 28. Bites off piece & spits out immediately
- 29. Bites piece, holds in mouth for "x" seconds & spits out
- 30. Bites piece, chews "x" times & spits out

### EATING!



- Bites & chews, swallows some and spits some
- 32. Chews and swallows whole bolus independently



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